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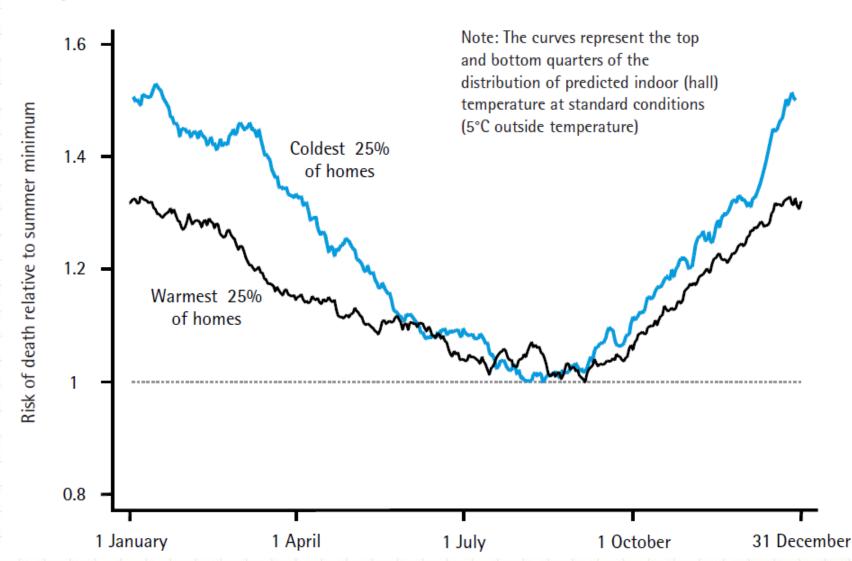


Risk to health

- Excess winter deaths (EWD) are the additional deaths that occur in winter months when compared with the non-winter months, due to various factors including:
 - the temperature
 - the level of disease in the population
 - how well equipped people are to cope with the drop in temperature
- Around 30% of EWD are because of the impact cold indoor temperatures have on vulnerable people.

Risk of death from cold homes

Figure 6: Seasonal fluctuation in mortality in cold and warm homes



Health impacts – cold homes

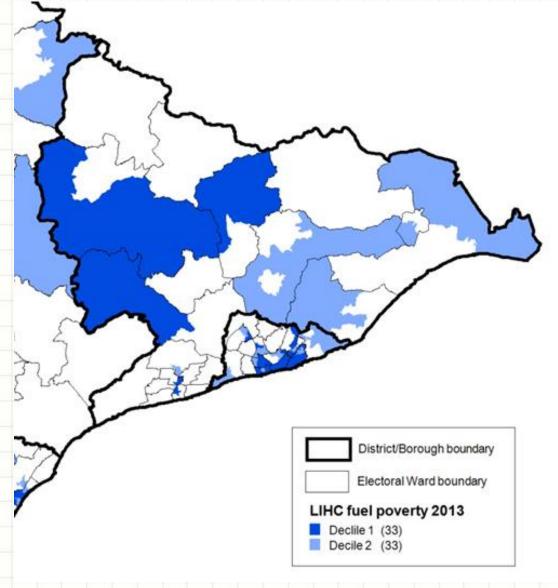
Potential impacts:

- Increased blood pressure leading to heart disease and strokes
- Increased respiratory illness chronic bronchitis or emphysema
- Worsening arthritis and rheumatism

- Increased falls and accidents
- Worsening of long-term medical conditions including mental health
- Poorer nutrition
- Increased admissions to acute services
- Hypothermia

Rother's vulnerable population

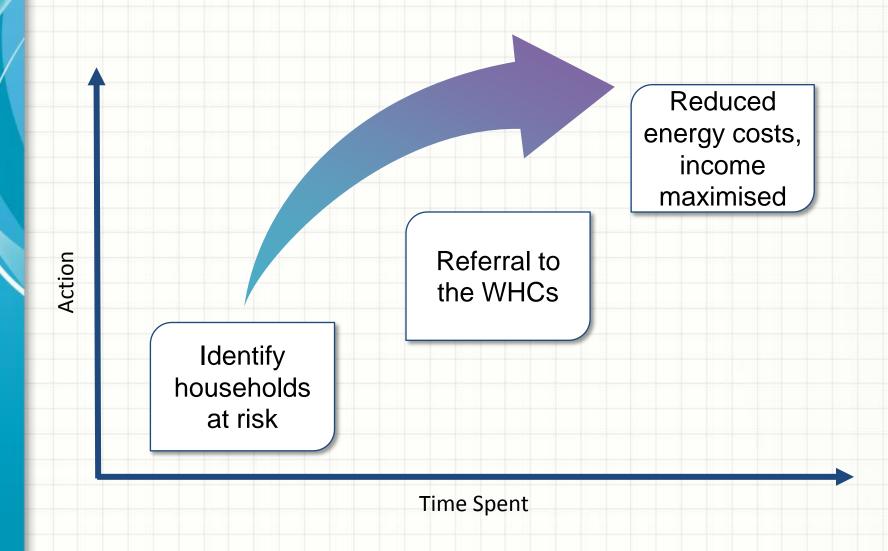
- 31.1 % of Rother's population is over 65 years old
- 21, 242 Rother residents living in super output areas with limiting long-term illness in 2011
- 14,096 children living in super output areas
- Fuel poverty across Rother: 8.9%



Low Income High Cost map

East Sussex Public heath intelligence team May 2015.

Working Together



East Sussex Fuel Poverty Reduction Pathway

- 1. Train health, housing and social care professionals and VCS workers to help people whose homes may be too cold for their health and wellbeing
- Tailored fuel poverty and health (and debt) awareness training and refresher training Face to face or e-learning.

2. Raise awareness among professionals and the public about how to keep warm at home

- Winter Warmth Campaign amplify local & national advice & support
- Targeted activities in fuel poor communities – tailored approaches
- Strengthen partners' collaborative working information sharing, practitioners' networks, protected learning sessions
- Community messaging text, email & voicemail alerts to segmented vulnerable population groups.

3. Identify vulnerable people who live in a cold home & refer for help

- GP practice staff provide advice to vulnerable patients
- Ensure vulnerable hospital patients are not discharged to a cold home
- Health, housing, social care and VCS identify at-risk people.

4. Provide vulnerable people with information and advice in order to maximise income

- Money advice services CABs & Welfare Reform helpline
- Emergency cold home fuel payments
- Energy Switching BESN & collective

5. Provide access to housing insulation and heating, more affordable fuel options and how to avoid the health risks of cold homes

· Winter Home Check Service

Other National and Local measures

- National Cold Weather Payment, the Warm Home Discount, Winter Fuel payment, Energy Saving Trust etc.
- Local county-wide Your Energy Sussex programme for ECO, Green Deal and renewables, supported by District and Borough Council projects.

- Train front line workers to identify households at risk
- Raise awareness at a professional level
- Encourage to Refer
- Local support
- ✓ Winter home check service
- ✓ CAB, BESN
- National support
- **✓** ECO



RESOURCES

WWW.EASTSUSSEX.GOV.UK/PUBLICHEALTHRESOURCES



Training available

Bespoke training

- Staff meetings
- Training events
- Fuel poverty practitioners forum

Email:

mjones@hastings.gov.uk



Winter Home Check Service

This free year-round service helps vulnerable people (including families with young children), on low incomes, to get advice and support to keep their home warm.

The service includes:

- A full assessment of the client's home and how best to keep it warm
- Small preventative works such as improving insulation, draft excluders and boiler repairs
- Installation of new boilers, central heating systems or home insulation funded by the NEA (subject to additional eligibility and limited availability)
- Providing emergency temporary heating.

There is also access to advice on financial help with heating costs and energy switching support.

Progress

HOME VISITS Winter home check service

- 352 completed home visits
- 699 minor measures completed
- 295 support with energy switch and bill checking

MAJOR MEASURES NEA fund

- 88 households have received new heating systems or boilers so far
- A total of 140
 households identified
 as eligible and in need
 of a major measure

